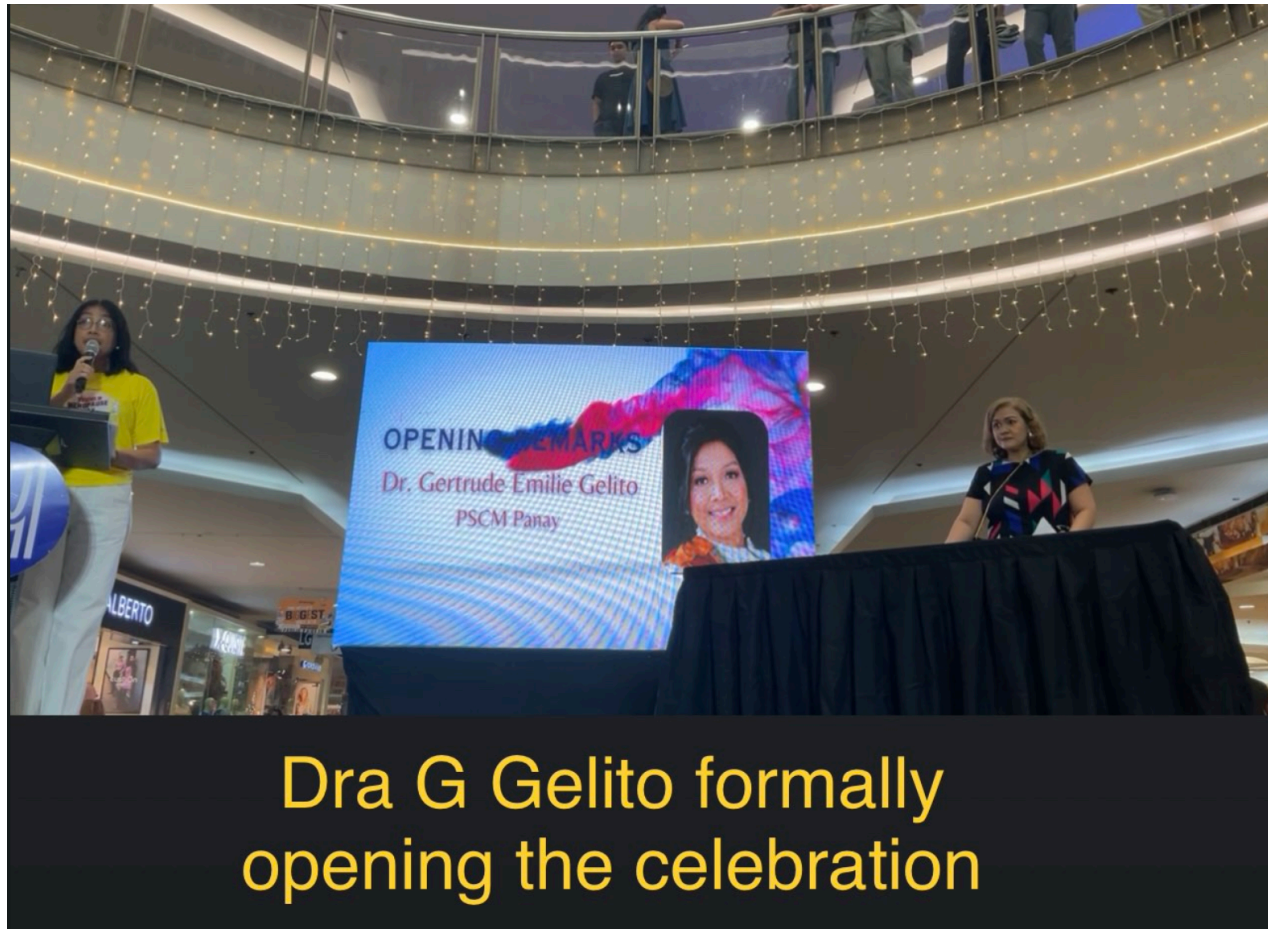



**WORLD MENOPAUSE DAY CELEBRATION OF PSCM CLUSTER III  
LEAD ORGANIZER: REGION 6 (PANAY CHAPTER)  
SM ILOILO CITY, OCTOBER 18, 2023 2:00-5:00 P.M.  
LIVE STREAMED THRU FACEBOOK PAGE 'WORLD MENOPAUSE DAY'**








**Dra G Gelito formally  
opening the celebration**



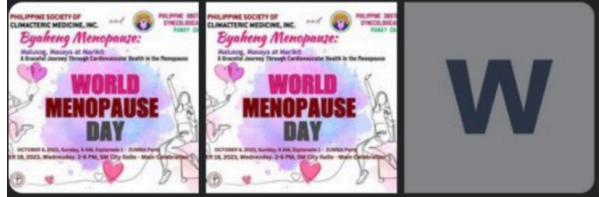
 **World Menopause Day** ⋮


**Intro**

-  **Page** · Medical & health
-  Iloilo City
-  0925 780 8336
-  Not yet rated (0 Reviews) 

**Photos**

[See all photos](#)



 **World Menopause Day** ⋮

2d · 🌐

October 18, 2023 is World Menopause Day. Do join us this Wednesday, October 18, 2023 at SM City Iloilo Main Activity Center from 2-6 pm for our Byaheng Menopause! There will lay lectures, freebies and a raffle. See you there!

This event will also be live streamed on this page.

**PHILIPPINE SOCIETY OF CLIMACTERIC MEDICINE, INC.**

**PHILIPPINE OBSTETRICAL & GYNECOLOGICAL SOCIETY PANAY CHAPTER**

*Byaheng Menopause:*

**WORLD MENOPAUSE DAY**

**PROGRAMME**

2:00-2:30 PM	REGISTRATION
2:30-2:35 PM	PRAYER
2:35-2:40 PM	POGS HYMN
2:40-2:45 PM	OPENING REMARKS
	MESSAGE

DR. BANAL-SILAD

**Lectures**

2:45-3:00 PM	MENOPAUSE OVERVIEW
3:00-3:15 PM	MENOPAUSE & CARDIOVASCULAR DISEASE
3:15-3:30 PM	MENOPAUSE & MENTAL HEALTH
3:30-3:45 PM	MENOPAUSE & SEXUAL HEALTH
3:45-4:00 PM	MENOPAUSE & HORMONAL THERAPY
4:00-4:15 PM	MENOPAUSE & BONE HEALTH

**Snacks**

4:15-4:45 PM VIDEO ZUMBA SESSION

4:45-5:00 PM RAFFLE AWARDS

5:00-5:15 PM AWARDING OF CERTIFICATES

0:10 / 0:16



