
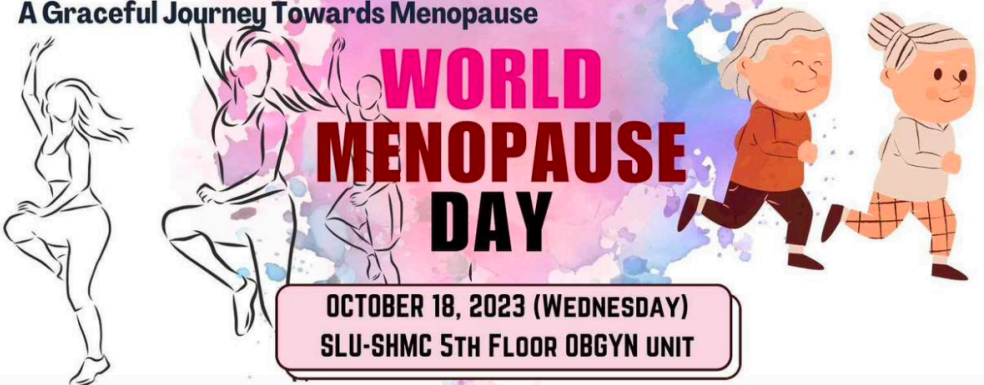


PSCM In cooperation with
SAINT LOUIS UNIVERSITY SACRED HEART MEDICAL CENTER
 DEPARTMENT OF OBSTETRICS AND GYNECOLOGY

Byaheng Menopause:
 Malusog, Masaya at Marikit
 A Graceful Journey Towards Menopause

**WORLD
 MENOPAUSE
 DAY**

OCTOBER 18, 2023 (WEDNESDAY)
SLU-SHMC 5TH FLOOR OBGYN UNIT

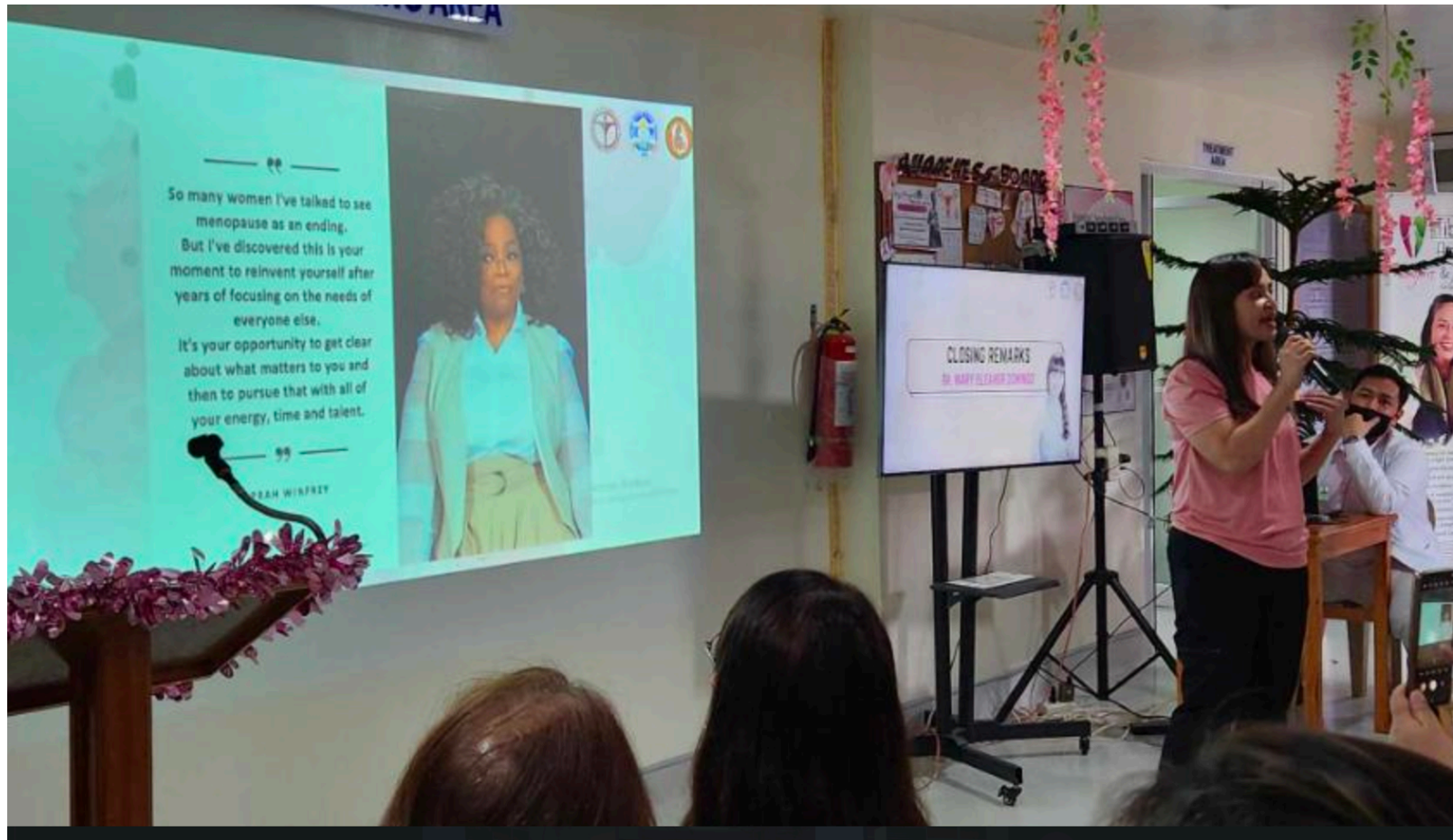
WORLD MENOPAUSE DAY CELEBRATION
 of **ST LOUIS OF THE SACRED HEART**
MEDICAL CENTER, Baguio

PROGRAMME

<u>8:00 - 9:00 AM</u>	Registration
<u>9:00 - 9:15 AM</u>	National Anthem and Invocation
<u>9:15 - 9:45 AM</u>	Overview of Menopause Dr. Vicenia S. Balajo
<u>9:45 - 10:15 AM</u>	Myths & Facts on Menopause Dr. Lugin Arenas-Duque
<u>10:15 - 10:45 AM</u>	Lifestyle of Menopausal Women Dr. Alice M. Salvador
<u>10:45 - 11:15 AM</u>	Menopausal Health Checklist Dr. Christianne Salvador
<u>11:15 - 11:45 AM</u>	Open Forum
<u>11:45 AM</u>	Closing Remarks







Happy World MENOPAUSE Day!!!