



FLASH NEWS

PHILIPPINE SOCIETY OF CLIMACTERIC MEDICINE
MARCH 2025 NEWSLETTER

PSCM MAINTAINS COMMITMENT TO PROMOTING CLIMACTERIC MEDICINE

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The Philippine Society of Climacteric Medicine begins the year 2025, under the leadership of **President Dr. Agnes S. Estrella**, with the first installment of **Menotalk Wednesdays** on February 12, 2025. Past PSCM President, Dr. Lilia Pagtakhan-Luna discussed "The Impact of Menopause on Aging and Longevity" which was complemented by Dr. Joanne Karen Aguinaldo's presentation on novel treatments for vasomotor and urologic symptoms in menopause. Through the efforts of Dr. Maria Virginia Santos-Abalos, Chair of the Committee on Continuing Medical Education, PSCM's initial activity attracted 631 attendees from across the country as reported by the event's moderator and PSCM Vice President, Dr. Maria Antonia E. Habana.

On March 7, 2025, the Committee on Community Services, led by chair Dr. Marie Josephine Conifedd G. Almaria, held "**Menopause 2.0: Stronger, Bolder, & Wiser**" at the Ospital ng Maynila Medical Center. The lay forum included an interactive discussion on preventive and promotive menopausal health care and offered free health screening, in line with PSCM's focus on public health and wellness.

To conclude the society's activities for the first quarter of the year, the second installment of **Menotalk Wednesdays** was held on March 12, 2025. Focusing on the cognitive changes during the climacterium, Dr. Alma M. Lucinda-Jimenez delivered a talk on "Menopause and the Mind," followed by Dr. Ira Dominique T. Alatraca-Malonzo's discussion on the impact of hot flushes and genitourinary symptoms on cognition and mental health. The webinar's moderator and PSCM board member, Dr. Melissa F. Diawatan, reported an attendance of 313 practitioners.

REGISTRATION RATES		
CATEGORY	EARLY Unitd Mar 15	REGULAR / ONSITE Mar 16 to Apr 5
Member	Php 3,500	Php 3,000
Non-member	Php 3,500	Php 4,000
Fellow/Resident in Training	Php 2,000	Php 2,500
Allied Medical Professional	Php 2,000	Php 2,500
Clark Marriott Hotel Room Rates	Standard Deluxe Room Php 9,500 per night	Club Deluxe Room Php 10,500 per night

PSCM affirms its commitment to the advancement of climacteric medicine and the support of healthcare professionals and patients throughout the Philippines by means of these initiatives.