



FLASH NEWS

PHILIPPINE SOCIETY OF CLIMACTERIC MEDICINE
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CULMINATING THE YEAR WITH ADVOCACY, EDUCATION, AND FELLOWSHIP

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The Philippine Society of Climacteric Medicine concluded 2025 with meaningful activities that strengthened its commitment to education, community engagement, and professional collaboration.

A major highlight was the World **Menopause Day Celebration** held on October 18, 2025, at Quirino Memorial Medical Center, hosted by the NCR Chapter under Dr. Zoraida Umipig. The event gathered 87 patients and healthcare workers for a comprehensive program focused on empowering women through knowledge and holistic care. Opening messages were delivered by QMMC Medical Chief Dr. Evelyn Victoria E. Reside and PSCM President Dr. Agnes L. Soriano-Estrella.

Adding vibrancy to the event was the "Climacteric Queen 2025" competition, showcasing seven inspiring women advocating for menopause awareness. Similar celebrations were also conducted across various regions, reflecting PSCM's nationwide reach.



PSCM further strengthened its academic presence through its simultaneous session during the **POGS 2025 Annual Convention and 79th Anniversary Celebration** on November 11, 2025, at Gateway Cineplex, Quezon City, attended by 1,632 participants. Centered on Long-Term Health Considerations, the session featured Dr. Agnes L. Soriano-Estrella on rational laboratory testing, Dr. Maria Jesusa Banal-Silao on cardiovascular risk and hormone therapy, and Dr. Jericho Thaddeus P. Luna on contextualizing breast cancer risk for patients.



The year concluded with a festive **PSCM Christmas Party** on December 4, 2025, at Peng Lai Restaurant, Quezon City. The gathering fostered camaraderie through thanksgiving, gift-giving, and games, celebrating a year of shared accomplishments.



As PSCM looks ahead, members are invited to the **Midyear Convention on April 25, 2026 in Iloilo City**, and the **2026 Annual Convention and 33rd Anniversary Celebration on September 3-4, 2026 at the Edsa Shangri-La Manila Hotel**.

Through these initiatives, PSCM continues to champion excellence in menopause care, education, and advocacy for Filipino women.